THE SKIN HEALTH LAB INC.
287 Locke St S, Hamilton, ON
skinhealthlab.ca • info@skinhealthlab.ca

CLINICAL EXPERIENCE GUIDE

What to Expect From Your Appointments

Your sessions are restorative, corrective, and built on structured clinical partnership.

EVERY APPOINTMENT DELIVERS

- **Assessment:** Tracking skin response, hydration, and immediate priorities.
- **Clinical Intention:** Selecting targeted modalities aligned with your stage.
- **Refined Experience:** Calm, intentional, detail-driven environment without noise.
- **Continuity:** Precise notes and progress markers informing future care.

YOUR PARTNERSHIP IN RESULTS

- **Home Care Consistency:** Follow the prescribed protocol as directed.
- **Appointment Cadence:** Maintain schedule integrity to preserve momentum.
- **Open Communication:** Share life changes (stress, travel, medications).
- **Patience with Healing:** Meaningful corrective change is built in stages.

Structured Progress Reviews: 30 / 60 / 90 Days

Corrective skin health requires tracking, not guessing. Milestone checkpoints ensure your plan evolves dynamically with your skin rather than working against it.

30 Days	60 Days	90 Days
Response, tolerance, and early balance markers.	Visible change and consistency reinforcement.	Deeper correction trends and long-term strategy.

A Note on Results

Because skin is influenced by many internal and external factors, results are rarely a straight line. Consistency, patience, and professional oversight create the most stable, lasting outcomes.