THE SKIN HEALTH LAB INC.
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INITIAL ASSESSMENT

What a Skin Consultation Really Is

A structured clinical evaluation designed to understand your skin fully before creating your plan.

A Purposeful Partnership

A skin consultation is **not a sales appointment** and it is not a quick glance under a magnifying lamp. It is a comprehensive, corrective skin health assessment dedicated to uncovering the root drivers of your skin's behavior.

During your consultation, we thoroughly assess:

• History & Triggers

Skin history, primary concerns, sensitivities, reactive patterns, and flare triggers.

• Barrier & Inflammation

Current lipid barrier function, micro-inflammation patterns, hydration, and cellular integrity.

• Lifestyle Factors

Internal and external elements including sleep, stress, daily routines, and environmental exposures.

• History of Products & Treatments

Prior professional modalities, active ingredient tolerance, and current routine analysis.

You Leave With Clarity — Not Pressure

Every recommendation is meticulously built around what your skin uniquely needs to become stable, resilient, and responsive over time. We map out realistic timelines and expectations so you feel confident and supported in every step of your journey.

The Skin Health Lab Inc. • Calm, structured, detail-driven corrective care • skinhealthlab.ca