

When Skin Fluctuates

Skin fluctuations are normal—even when you are doing everything right. Skin can change due to:

- Seasonal shifts
- Hormonal changes
- Stress and sleep patterns
- Travel and environmental exposure
- Treatment progression
- Product adjustments

A fluctuation does not mean your plan is failing. It often means your skin is responding and recalibrating.

What fluctuations do NOT mean:

- That your skin is permanently worsening
- That your routine has failed
- That you need to stop everything

Our approach remains calm and corrective. We assess, adjust if needed, and guide your skin back to balance without overcorrection.