

## **What to Expect From Your Appointments**

Your sessions are designed to be corrective and restorative. Every appointment includes professional assessment, skin appropriate treatment decisions, and education that supports long-term outcomes.

- Assessment: we track how your skin is responding and what it needs next.
- Clinical intention: we select modalities and enhancements that support your plan.
- Refined experience: calm, structured, and detaildriven—without unnecessary noise.
- Continuity: notes and progress markers inform future sessions.

## **Your Role in Results**

Corrective care is a partnership. Your consistency makes the plan work—because skin responds to what is repeated.

- Home care consistency: follow the prescribed routine as directed.
- Attendance: keep your cadence; gaps can slow momentum.
- Communication: share changes (stress, travel, medications, new products) so your plan stays aligned.
- Patience with the process: visible change is built in stages.

## **Progress Reviews & Accountability**

Corrective skin health requires tracking—not guessing. Progress reviews allow us to:

- Monitor skin response
- Adjust treatment pacing
- Refine home care
- Maintain consistency

This ensures your plan evolves with your skin rather than working against it.

## **Progress Reviews: 30 / 60 / 90 Days**

We use structured review points to keep your plan precise. Reviews help us confirm what's working, adjust what isn't, and keep your progress steady without overcorrecting.

- 30 days: response + tolerance + early balance markers.
- 60 days: visible change + consistency reinforcement.
- 90 days: deeper correction trends + refined long-term strategy.

## **A Note on Results**

Because skin is influenced by many factors, results are rarely a straight line. Consistency and professional oversight create the most stable, lasting outcomes.